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I LOOK TIRED AND UNHAPPY, BUT I'M NOT. I LOOK OLDER, BUT I DON'T WANT A FACELIFT. WHAT CAN I DO?

As you age, your face loses collagen, fat, muscle and bone. On the upper face, wrinkles form on the forehead, around the eyes and between brows. Neurotoxins like Dysport® and Botox® relax the muscles that form these lines for a restful, youthful look that lasts three to four months. On the lower face, folds form around the mouth. Fillers like Restylane® and Juvederm® fill in these folds for an immediate, dramatic improvement that lasts six to 12 months.

IS THERE ANYTHING I CAN DO ABOUT MY SAGGING, THIN SKIN?

A healthy skin care regimen can help with the appearance of the skin, but much of the sagging is due to loss of bone and collagen. The cheekbones and chin become less prominent, making your face look drawn. Sculptra® is an excellent filler to beautifully restore volume to these areas and give the skin a natural-appearing, healthy glow. It stimulates collagen production over a period of weeks, and results lasts about two years.

Dialogue with a Doctor. Naples
Illustrated's Guide to the Area's
Top Medical Advisers. January 2013.